



Military Mayhem Bootcamp Participant Disclaimer

Acknowledgement of Risk: By participating in this bootcamp, you acknowledge that physical exercise involves inherent risks, including but not limited to muscle strains, sprains, and other injuries. You agree to assume full responsibility for any risks, injuries, or damages, known or unknown, which you might incur as a result of participating in the bootcamp.

Medical Clearance: You confirm that you have consulted with a physician before starting this bootcamp and have been cleared to participate in physical exercise. You agree to inform the instructor of any medical conditions or injuries that may affect your ability to participate.

Release of Liability: You hereby release, waive, discharge, and covenant not to sue the bootcamp instructor, organisers, or any affiliated entities for any injury, death, or loss of property arising out of or related to your participation in the bootcamp.

Personal Responsibility: You agree to follow all instructions and guidelines provided by the bootcamp instructor. You understand that failure to do so may result in injury or harm, for which you accept full responsibility.

Photography and Media Release: By participating in this bootcamp, you consent to being photographed or recorded for promotional purposes. You waive any rights to royalties or other compensation arising from or related to the use of these images or recordings.

Agreement: By signing below, you acknowledge that you have read, understood, and agree to the terms of this disclaimer.

Emergency Contact Name:

Emergency Contact Phone Number:

Health Information: Please list any medical conditions or allergies that we should be aware of:

Participant's Name: _____

Signature: _____

Date: _____